

CHANDLER MMA SCHEDULE

MONDAY		
7:00A - 8:00A	STRENGTH & CONDITIONING	ADULT
8:00A - 9:30A	MUAY THAI	ADULT
4:00P - 4:30P	TIGER THAI B	WHITE - RED
4:30P - 5:00P	TIGER THAI A	BROWN - CAMO
5:00P - 5:45P	KIDS THAI	WHITE - POOME
5:45P - 6:45P	KIDS THAI	BLACK BELT & FIGHTERS
6:00P - 7:30P	BJJ	
6:45P - 7:30P	HAPKIDO	AGES 10+
6:45P - 7:30P	STRENGTH & CONDITIONING	
7:30P - 9:00P	MUAY THAI	ADULT

TUESDAY		
8:00A - 9:00A	BELLS & BOXING	ADULT
4:00P - 4:30P	TIGER THAI B	WHITE - RED
4:00P - 5:00P	KIDS BJJ	AGE 4 - 12
4:30P - 5:00P	TIGER THAI A	BROWN - CAMO
5:00P - 5:30P	KIDS BJJ	INVITE ONLY
5:00P - 5:45P	KIDS THAI	WHITE - POOME
5:30P - 7:00P	BJJ	
5:45P - 6:45P	KIDS THAI	BLACK BELT & FIGHTERS
7:00P - 8:30P	MUAY THAI	

WEDNESDAY		
7:00A - 8:00A	STRENGTH & CONDITIONING	ADULT
8:00A - 9:30A	MUAY THAI	ADULT
4:00P - 4:30P	TIGER THAI B	WHITE - RED
4:15P - 4:45P	TKD	
4:30P - 5:00P	TIGER THAI A	BROWN - CAMO
5:00P - 5:45P	KIDS THAI	WHITE - POOME
5:45P - 6:45P	KIDS THAI	BLACK BELT & FIGHTERS
6:00P - 7:30P	BJJ	
6:45P - 7:30P	STRENGTH & CONDITIONING	
7:30P - 9:00P	MUAY THAI	ADULT

THURSDAY		
8:00A - 9:00A	BELLS & BOXING	ADULT
4:00P - 4:30P	TIGER THAI B	WHITE - RED
4:00P - 5:00P	KIDS BJJ	AGE 4 - 12
4:30P - 5:00P	TIGER THAI A	BROWN - CAMO
5:00P - 5:30P	KIDS BJJ	INVITE ONLY
5:00P - 5:45P	KIDS THAI	WHITE - POOME
5:15P - 6:00P	KENPO	
5:30P - 7:00P	BJJ	
5:45P - 6:45P	KIDS THAI	BLACK BELT & FIGHTERS
6:00P - 6:45P	HAPKIDO	AGES 10+
7:00P - 8:30P	MUAY THAI	

FRIDAY		
7:00A - 8:00A	STRENGTH & CONDITIONING	ADULT
8:00A - 9:30A	MUAY THAI	ADULT
4:00P - 4:45P	TIGER THAI	ALL LEVELS
4:45P - 5:30P	KIDS THAI	ALL LEVELS
5:00P - 6:30P	MMA	ADULT

SATURDAY		
9:00A - 10:00A	STRENGTH & CONDITIONING	ADULT
9:00A - 10:00A	MUAY THAI	AGE 8 - ADULT
10:00A - 10:30A	TIGER THAI	ALL LEVELS
10:00A - 11:00A	BJJ FUNDAMENTALS	AGE 4 - ADULT
10:00A - 11:00A	KENPO	ALL LEVELS
10:30A - 11:30A	BJJ	AGE 4 - ADULT